

**SILVER LIGHTS CLUB**NEWFOUNDLAND AND LABRADOR HYDRO  
A Nalcor Energy Company

## President's Message

### *Wayne Chamberlain*

Looking back it most certainly has been a year of reflection as it has been a year like we have never experienced before. In the first quarter of 2020 mother nature hit the Avalon Peninsula with a fury dumping a massive amount of snow in a 24 hour period whereby St. John's and many of the surrounding communities declared a state of emergency and the military was asked to assist in digging us out. Shortly after that there was news that a new flu virus called COVID-19 was sweeping across Asia and Europe resulting in many cases and an alarming number of deaths. Canada reported its first COVID-19 cases in British Columbia and Ontario in late January and by mid-February Canada was reporting daily COVID-19 cases. Newfoundland and Labrador reported its first COVID-19 case on the Ides of March (March 15) and reported a cluster of cases in the latter part of March with the highest number of daily COVID-19 cases being 32 reported on March 25th. The daily number of COVID-19 cases declined significantly after the second week in April and has been well managed since then whereby the cases being reported have been primarily travel related. Newfoundland and Labrador has done very well to date in keeping the COVID-19 cases down (knock on wood) and has been recognized as one of the safest places

in North America regarding this virus. Globally there have been over 79 million cases and Canada has had over half a million reported cases with the biggest concentration of COVID-19 cases in Quebec, Ontario and Alberta. Newfoundland and Labrador has reported 384 COVID-19 cases and this is due in large part to everyone complying with the COVID-19 protocols established by the Government. There is no denying that we still have a long way to go before getting back to normal but there is light at the end of the tunnel in that two COVID-19 vaccines have been approved whereby people across Canada and the Province are being vaccinated against the virus. It is going to take some time before everyone in the Province will have an opportunity to be vaccinated and accordingly we must continue to be vigilant in social distancing, wearing our masks and washing and sanitizing our hands constantly.

I have downloaded the COVID Alert App and it is another means to help prevent the spread of the virus and protect my family and friends. If you have the technology to do so it is pretty simple to download. I would encourage everyone to give this App serious consideration and hopefully we continue to do all the right things and won't see a significant second wave on the Rock.

Although it has been and continues to be challenging at times to follow the protocols and limit our social interactions with friends and especially family this year the proof is in the "Christmas pudding" so to speak as we are at least able to socialize in a bubble of 20 whereas in many other cities and Provinces they are locking down everything and the bubble is limited to those living in a household. Although the pandemic has caused us

to carefully think how we interact with others, in many cases families and friends have disconnected from their phones and tablets to spend time playing games and puzzles, listening to music and painting rocks and placing them along walking trails for people to find and enjoy. 2020 was also a Stay at Home Year in the Province and upon looking at Facebook many people took the opportunity to visit places for the first time and walked and hiked the many wonderful trails. We have much to be thankful for.

Although I personally like having a sprinkling of snow on the ground for Christmas Day we have a green Christmas this year on the Avalon with extraordinarily warm temperatures in the double digits on some days which makes it easier to get out and about while keeping in our 20-for-20 Christmas bubble. Again this year, I completed the Christmas village in the family room which has 34 different buildings including a theatre, city hall, police station, court house, lawyer office, bowling alley, library, fire station, restaurant, post office, school, hotels and retail stores along with several churches and an amusement park with a Ferris wheel, merry-go-round and roller coaster. I even had a local clay artist make two sets of mummers with accordions, spoons, ugly stick etc. My youngest grandson will be 3 on New Years Eve and loves Thomas the Train trains and we have several trains and track sets. To make the village special for him I incorporated the trains and tracks into the Christmas village this year. When he first saw the Christmas village he ran right over to see it and looked for the remote to turn on the lights but then he noticed the trains and rushed over to turn the trains on himself. Ev-

erytime he comes over now, he gets up on a step stool to look at everything and turns on the houses and lights and then gets down to turn on two or three of the trains. There is nothing like seeing Christmas through his eyes and it brings back the magic of Christmas and Santa Claus to me once again.

Although The Silver Lights Club activities for the most part have been suspended since the pandemic, we will continue to provide the Newsletter thanks in large part to our wonderful and hard working Editor, Janet Calver. She does a tremendous job coordinating contributions from our regular contributors, formatting the Newsletter and always has some interesting articles on various topics. Hopefully things will improve in 2021 whereby we will be able to begin to have the monthly breakfast get-togethers at A&W and the weekly walks and hikes in 2021 but only if it can be done safely. The Executive has also suspended its monthly meetings until it can be done safely.

We have heard responses from a few of our members advising that they receive and enjoy reading the Newsletter. If you enjoy receiving the Newsletter please let us know and if you have any suggestions or memories of 2020 you would like to share please send them along to our Editor or any member of the Executive. It would be wonderful to hear from you especially during these challenging times.

I would like to thank Bill Day (Vice President), Aubrey Hill (Treasurer), Kim Petley, Gerry Bowers (Past President), Reg White (Director), Dennis Jones (Director), Janet Calver (Editor and Events Coordinator, and Archival Committee Chair), and Darlene Hancock (Director Central) for your support and work this past year and I look

forward to getting back to a better new normal in 2021.

On behalf of the Executive and Directors of The Silver Lights Club and my family I would like to wish you and your families and friends the very best THIS holiday season and hope it is a safe and joyful one and hopefully things get closer to normal in 2021.

Wayne Chamberlain, President.

## Editor's Message

### *Janet Calver*

What a year! To say the least, it's been exceptional. For many of us, there have been major changes in our lives - little or no travel, family and other social gatherings called off, postponed or curtailed, and medical appointments delayed or even cancelled. Yes, it's been stressful.

Our generation (and our children and grand-children) have grown up in a world that never had to go through this level of uncertainty before. We like to think that we are in control of our future, so we go ahead and make elaborate strategies for our education, careers, family life, homes, retirement, etc., only to have all our best laid plans stopped by a simple little virus. It's quite humbling. But thank goodness for Dr. Fitzgerald and her team who have been like a rock since day one. She has been consistent, steadfast and a constant source of strength for all of us. We are so fortunate to have her.

We are fortunate in many other ways as well. The pandemic has given us the rare opportunity to slow down, simply because there

is no other choice. People are doing more family-related activities now – going for walks together, preparing meals together, playing old board games, learning how to knit or crochet from a grandmother or elderly aunt, learning how to grow their own vegetables, getting involved in simple home repairs, etc. One of the important things I've learned during the last few months is the gift of giving your time to someone who is shut in. Take a moment to think of someone who for whatever reason cannot move about as they once did. A simple telephone call from you or even a safely conducted visit every so often will make a world of difference for them.

Are things going to continue to change over the next few months? Yes, they are. I encourage you to try to be prepared for those changes and to continue to help and support each other and to listen to the advice of our medical professionals.

On a brighter note, I always find this time of year very exciting, not only the Christmas excitement, but also the expectation of the new year and what that will bring. Pandemic or not, there is much that I have in mind to try. My only fear is that I am running out of time and I will not be around long enough to do everything I want to do! (I'm going to make my first batch of kombucha this week!) I have every hope that life will settle down in 2021 and that our Silver Lights Club's activities can pick up where we left off. Hang in there until then!

Meanwhile, the latest edition of the newsletter contains some good reading and information that I hope you enjoy. Our regular contributors have been given a well-deserved break (Merry Christmas to you all!), but they have all indicated they are ready

to contribute to our 2021 newsletters! Stay tuned! Have a look through the newsletter for another of the Christmas stories written by Rev. J. S. S. Armour ( a Christmas tradition) and check out some of the archival material from The Outlet (February 1971) – some of you will recognize familiar faces and you will see just how busy Santa Claus is around this time of year! We have some news on our own Ken Ball and his latest literary accomplishments and you get to meet the newest members of the 25 Year Club and our new retirees. We have some safety tips on how to shovel snow (yes, we will have to eventually!) and we take you to a spectacular celestial event. And finally, what were your favourite toys growing up? Check out the Lighter Side this month for a walk down memory lane.

Thanks again to everyone who makes the newsletter possible – the Silver Lights Executive and Nalcor Human Resources, who are always there to help me with any inquiries or questions. And thanks to you, our members who continue to stick with us. Your support and encouragement mean everything.

So as we say “Good-bye” to 2020, my husband and I, along with the Silver Lights executive and their families, wish you and yours a very Merry Christmas Season and a safe, healthy and happy New Year. Best wishes to all and we hope to see you soon!

Janet Calver, Editor.



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## SilverLights News

### Silver Lights Activities

All regular Silver Lights activities have been cancelled or temporarily put on hold until further notice.

The Silver Lights Executive's first priority is to keep our members safe. It was felt that given the current situation with COVID-19, and the fact that many of our members and friends have existing health issues and concerns, it would be best to put events and activities on hold or cancel them altogether until the situation improves. This includes:

- Breakfast Get-Together - On Hold
- Computer Sales – On Hold
- Fall and Winter Activities – On Hold

We look forward to 2021 and the time when we can once again share a coffee/meal together, enjoy walking and talking, and have fun exploring different places in our Province!

### 25 Year Club

Below are the names of the employees who have joined the ranks of the 25 Year Club:

- Alan Gosling – Supervisor, Fire and Security, Churchill Falls
- Brian G. Simms – Meter Reader/Collector, Central Region

Congratulations on achieving 25 years with the Company!

### Ken Ball Update

It was so good to talk with Ken Ball a few days ago and catch up on his news – and he's been busy! Now as many of you know, Ken has become an acclaimed writer and has published three (3) books – yes a trilogy! They are:

- A Fisherman's Tale: Men that go Down to the Sea in Ships;
- Will Your Anchor Hold: A Newfoundland Fisherman's Story; and
- Home From The Sea: A Fisherman's Tale.

The first book introduces you to Jimmy Major, a young man from a small fishing community on the southwest coast of Newfoundland. The following two books continue the story of Jimmy and his life and touch on topics that had a major impact on our Province, including World War II and resettlement. The books are a gentle read and can be enjoyed by anyone from child to adult. If you have not read his books, I encourage you to do so. (They can be bought/ordered from Chapters) or just give Ken a call at 368-2062 and he'll be able to help you. (I'm hoping that Ken's third book will show up at our house around Christmas time!)

Ken told me that he now has a fourth book finished and waiting for it to come back from the printers. This one is a series of tales and stories about life in Rencontre West, where Ken was born and grew up. I'll look forward to hearing more about that in the not to distant future.

When he is not writing, Ken is still very active and enjoys learning new things – one of

which is learning how to play the accordion. Progress is being made I hear!

We hope to hear from you soon Ken and we send our best to you and Alma!

30th. Happy anniversary wishes to you both!

## In Remembrance

- Robert (Bob) Clark passed away at the Caribou Veteran's Memorial Pavilion (Miller Centre) on December 1, 2020 at the age of 72 (b. February 12, 1948). Bob is remembered for his time working at Hydro and for his many years involved with the IBEW. Donations in Bob's memory can be made to the Alzheimer's Society or to the Health-CareFoundation.ca
- Carl Keeping passed away on Sunday, December 13, 2020 at the age of 70 years. As expressions of sympathy, donations may be made in Carl's memory to the Heart and Stroke Foundation or the Canadian Diabetes Association.

## Happy Anniversary

- Happy Anniversary wishes go out to Joanne and Herb Gorman on their 50th wedding anniversary, November 20th. Congratulations and best wishes from Silver Lights!
- Congratulations go out to Dianne and Ewart Locke on the occasion of their 57th wedding anniversary on November

## From the Archives

I finally got into the Silver Lights office in Hydro Place after completing the COVID-19 orientation safety session. Hydro management is doing a great job with creating a safe workspace for employees and visitors and I felt quite comfortable spending time in the building. It was good to get back and do some poking around the archival material.

I came across a bunch of old Outlet copies and one that stood out was the February 1971 edition. This contained some wonderful stories and pictures, including the official opening of the Holyrood Station and of course all the Christmas parties and parades from December 1970. I'd like to share some of those with you.

The cover photo was a picture of the Hon. Joseph R. Smallwood, Premier of Newfoundland and Labrador at the time, officially opening the thermal generating station at Holyrood on December 15, 1970.

There were over 400 invited guests and staff at the Power Commission looking on as the Premier unveiled a plaque and then turned a switch to set the machinery in motion.

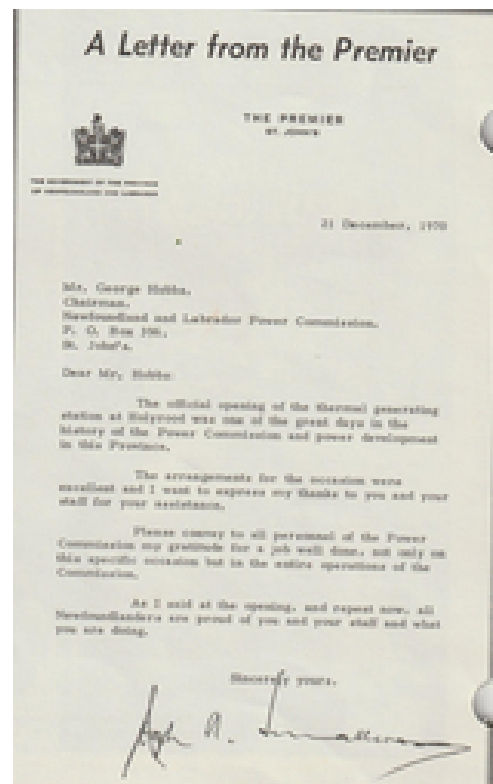
During his speech, the Premier commented on the wages and employment benefits provided by the Power Commission in the first

six years of its existence and he also paid tribute to the Commission's personnel.



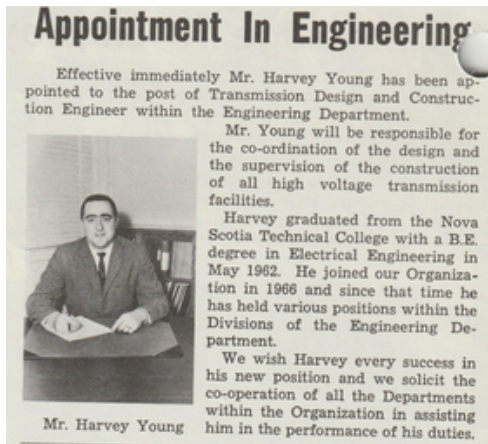
The Outlet, February 1971

Premier Smallwood sent along an official letter to George Hobbs as well.



Letter from the Premier

And this appointment to the engineering department will be of interest to many!



Harvey Young Joins the Engineering Department

Another interesting photo was one from the Senior Supervisors' Conference.



Back row(L to R): John Tremblett, Rex Gillard, Dennis McCarthy, John Allan, Dave Collett, Fred Higdon, Alan Andrews, Lewis Crummev.

Middle Row (L to R): John Fitzgerald, James Cuthbert, Gunter Dlugosch, George Burden, Patrick Noonan, John Buckingham, William Dyer, Noel Halfyard, Robert Larson.

First Row (L to R): Cyril Butler, Cyril Mifflin, Leo Cole, Wallace Read, George Hobbs, Wilfred Garland, Edwin Rendell, Reuben George, Douglas Clark.

Bottom Row (L to R): Henry Baikie, Charles Gosse, Stewart Dicks, Robert Taylor, James Long, Ewart Locke



2020 will be remembered for the many Christmas activities that did not take place – including Santa Claus parades, and office Christmas parties and dances. It was lovely to just browse through the pictures from 1970 and see the smiles and delight on children's faces as they experienced the magic of seeing and talking with Santa Claus and to imagine all the adults' laughter and merriment at their Christmas dinner and dances. Now I do not know many of the people in these photos, but I'm sure many of you do. And what about the little ones? Add on 50 years! Where are they today?

### Central Newfoundland

Here is a picture from Central Newfoundland – The Bishop's Falls Children's Christmas Party. It was held in the Legion on December 12, 1970 from 11:00 am to 1:00 pm. There were approximately 210 children in attendance and they were entertained with an hour of cartoons (with drinks and chips served by Santa's helpers) followed by a visit from Mr. and Mrs. Claus who just happened to have presents for everyone! As the children were leaving, Santa had also arranged for each of them to receive a bag of goodies!



Bishop's Falls Children's Christmas Party

The Bishop's Falls Christmas Parade also

went ahead in 1970. Below is a picture of the float from the Bishop's Falls office.



Bishop's Falls Christmas Float - 1970

Turns out that this float won 1st place for Best Decorated Car in the Grand-Falls Labour Day Parade and took honourable mention. Then in the Bishop's Falls Santa Claus Parade, it won 1st prize for the best Decorated Float – and more importantly, it carried Santa and his Reindeer!

But behind every prize winning float, there is a dedicated team of worker bees. This float was no different. Betty Glavine and her co-workers spent many an hour decorating the cars and floats entered in the various parades in the Central Region in 1970. Anne Wells, from the St. John's office, was also there to help and support the crew.

### St. John's

In St. John's, the Children's Christmas Party was a success as well. There were over 130 children who attended the party at Holiday Inn on December 19th. And as busy as Santa was then, he made sure to stop by and say Hello to all the children and give each of them a special gift.



One of the Clowns and Santa with the Children



Dancing - Christmas Dinner and Dance 1970



Surrounded by Clowns!



More Dancing!



Lots of Presents!

The Adult Christmas Dinner and Dance from 1970 also looked like everyone was enjoying themselves. Recognize anyone?



A Great Picture!

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## Everyday Life

### A Christmas Story

*The tradition continues again this year! This is the 8th year that I have published a story from “The Twelve Tales for Christmas”, written by Rev. J. S. S. Armour. These little stories were written back in 1999. Even though much has changed in our lifestyles, much still remains the same, including the spirit of the Christmas Season. I hope you enjoy the story!*

*(Printed with permission of Rev. J. S. S. Armour 1999 The Church of St. Andrew and St. Paul; ISBN 0-9685857-0-1).*

### The Christmas Pageant

Each year, in this church, the boys and girls of the Sunday School present their annual Christmas Pageant. It is for me the highlight of the Christmas season. No celebration of the Saviour’s birth is complete without a children’s pageant.

The story we have known from our earliest days; how Mary’s child, Jesus, was born in a manger at Bethlehem, because there was no room for them in the inn. Shepherds, sent by an Angel, came and worshipped Him, and wise men, following a bright star, brought gifts of gold, frankincense and myrrh to present to the newborn King.

The wonderful story of Christmas – seen through the eyes of a child – reminds us that if we would enter the Kingdom of God, we too must become as little children.

In my years as a minister, I have seen and written the script for many pageants. And

they were always wonderful!

Nowadays, with small families and even smaller Sunday Schools, the problem is to fill all the parts – to find enough shepherds and soldiers, wise men and pages. But when I began my ministry, even in the small prairie churches in which I was sent, it was just the opposite. There were masses of children. And every child had to have a speaking part. So there were added such characters as the “children of Bethlehem” (in cloaks and sandals); “children of today” (in toques and long scarves); “children of other lands” (in exotic and highly unbelievable costumes, found in the trunks of grandparents). Then, there were the “animals in the stable” given the power of speech that night; and finally, that best of all devices – the acrostic. Each child was given a huge letter to hold up that spelled a word like C-H-R-I-S-T-M-A-S.

How many parents must have cursed the minister when they learned their child was to be dressed as a sprig of holly or a fat Christmas stocking or that they would have to recite such poems as

S stands for STAR.

From the East came wise men, travelling from afar

To the Babe of Bethlehem, guided by a star.

The costumes were all handmade. For the shepherds, bathrobes and striped towels were held in place by some of Dad’s old ties. Then, there were cast-off party dresses and someone’s best living room curtains for the kings, their faces made old and wise by beards of cotton wool, and on their heads, cardboard crowns, enriched with the brightest jewels that Woolworth’s could boast.

And think of all those white sheets, lov-

ingly sacrificed for little angels – to melt a mother’s heart!

There were minor tragedies, I remember:

- a Joseph who fainted from nervousness and standing for so long;
- a shepherd with a terrible pain in his tummy, who threatened any minute to throw up over the baby Jesus;
- regrettable fist-fights among the cherubs;
- children who cried or forgot their lines or needed to go to the bathroom – badly, badly;
- and of course, the little girl who kept jumping up and down from the sheer excitement of being on stage.

There was the awful moment when it was discovered (too late) that Aunt Sally’s music-box (just perfect for frankincense) had been left in the minister’s study – or when the star simply refused to “stop and stay, right over the place where Jesus lay”.

But somehow it always came off beautifully.

And in the dark and crowded church you could almost hear parents mouth the words with the tallest shepherd: Let-us-now-go-ev-en-unto-Beth-le-hem-and-see-this-thing-which-is-come-to-pass-which-the-Lord-has-made-known-unto-us.

And the sigh of relief when it was finished. And then, you remember the mighty shout of the shepherds:

Yea, Let us Go!

Nor have you forgotten the smiles when the nicest boy in town, as the mean and cruel

King Herod, instructs the wisemen in a gruff voice: “Go and search dil-urgently (such a difficult word ‘diligently’) for the young child and when you find him, bring me word again, that I may come and worship him also.” (nudge, nudge)

And how we marvelled at the plain little tomboy with the dirty face, who would so much rather play baseball, transformed before our very eyes into a madonna of translucent beauty; a blue mantle on top of her fair head as she cradles the huge doll and lays him reverently in the manger.

And what eyes do not fill with tears when out of the darkened church spill the little angels, clutching their pencil flashlights, with large wings strapped to their backs, and great golden halos on their heads all slightly off-centre.

Surely not even “the multitude of the heavenly host” that first Christmas in Bethlehem sounded half as sweet as your five year old child singing, just a tiny bit off key, to the “little Lord Jesus asleep in the hay”.

Christmas for me is not Christmas without a Pageant. What better way is there in all the earth “to come with haste” (and great joy) and find “Mary and Joseph and the babe lying in a manger” than in a Children’s Pageant?

O come let us adore Him.

## The Great Conjunction of 2020

Most of us heard about the great conjunction of Jupiter and Saturn that happened on December 21, 2020. For those of us who are

fascinated by the night skies and the constellations, it was an exciting time. Jupiter, the largest planet in our solar system, and Saturn, the ringed-planet, seemed to come together on the 21st to form a “single bright star”. (Not entirely correct of course as with careful observation you could still discern the separation between the two planets.)

The phenomenon of the great conjunction naturally got people talking about it being the “Christmas Star” or the “Bethlehem Star” – the star that led the Three Wise Men to the location of Jesus’s birth. Is it possible that the same circumstances existed back then? We do know that the last great conjunction that was visible to the human eye took place in 1226 . (The great conjunction of 1623 would have been difficult if not impossible to see because the two planets were too close to the sun.) Anyway, I hope you got to see it!

There are many sites out there that you can check out. Here’s just one:

<https://www.timeanddate.com/astronomy/planets/great-conjunction>



The Great Conjunction 2020

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## Health & Wellness

### Safety Tips for Shovelling Snow

Looking out at the weather right now, a snow shovel is the last thing on our mind. The mild weather over the Christmas season has been great for getting around and for walking but do not be lulled into that false sense of security – the snow will come! Now if you are fortunate enough to live in an apartment or a condo and snow shovelling is done for you, well lucky you! But for the rest of us, it's a good idea to brush up on some snow shovelling tips and suggestions that make it easier and safer.

- **Dress for the Job:** The key to staying warm and dry is to wear breathable fabrics and dress in layers. Too many layers that make you look like the “Michelin Man” are not good because they will restrict your movements. If you do get damp or wet, take a break and go in and change into something dry. You'll feel better and it gives you a chance for a break.... the snow is not going anywhere! And don't forget to wear insulated, waterproof gloves or mitts (ones with finger and/or palm grips are ideal).
- **Footwear:** Don't forget your footwear. In order to avoid unnecessary slipping and sliding, as well as injuries from a potential fall, you'll want to wear well-insulated shoes or boots with good traction. Duck boots are a great example, since they have a waterproof base, rugged soles and usually lace up high to help keep snow out of your shoes.
- **Equipment is Key:** The shovel you use must be the right fit for you. Many people are going for the ergonomically curved snow shovel but even an old straight-handle shovel will do just fine as long as it is not too long for you and the shovel blade is small. The lighter the load, the easier it is to lift. Pushing and lifting lighter loads reduces your chances of back injury. Check out a “D-handle” as opposed to a straight-handle shovel and try using a silicon lubricant on your shovel blade to reduce the snow from sticking (especially when the snow is heavy and wet!).
- **Good Form:** Tools are important, but good shovelling form is key to preventing back injury. You don't want your muscles to go into shock as soon as you pick up the shovel, so even before you begin to shovel do some simple stretching exercises indoors - stretch out, go up and down some stairs or simply walk around the house a few times before you begin. When you finally begin to shovel, lift the snow with the power of your legs instead of your back. Stand with your feet shoulder width apart, bend at the knees and keep your back straight. Try not to bend or twist at the waist. And try to switch sides when you are shovelling if you can.
- **Take it Slow:** Always try to pace yourself when you shovel. Remember, you are retired now – no hurry to get to work!

Think about adding slip-on cleats to your boots. And once your walkway is clear, consider putting down salt and/or sand.

Where possible, try to push the snow to the side of the driveway/walkway first. Take frequent breaks to rest, warm-up inside your house or garage if you start to get cold and always make sure you drink some water to keep hydrated.

- **Spot Signs of Trouble:** Always keep your cell phone in your pocket so that you can summon help if you need to. As you shovel, stay alert for signs of chest pain or pressure or other signs of discomfort in your upper body such as your jaw, arms or back and for any signs of shortness of breath, nausea or lightheadedness. These are all signs of a possible heart attack. If you notice any of them, **STOP SHOVELLING and CALL 911** immediately.

If you start to feel muscle pain in your back, shoulders or arms, it's a good idea to stop shovelling and give your muscles a break. And watch out for frostbite. Look out for skin that's red, has a white or greyish-yellow skin area, feels unusually firm or waxy or just feels painful or numb in the area. If you notice any of these, go inside and start slowly rewarming the affected body parts using warm (not hot) water, without rubbing. Finally, warning signs of hypothermia include confusion, slurred speech, shivering, arm and leg stiffness, and slow reaction times. If you suspect it, call 911 right away.

- **Snow Management 101:** This is always tricky and can usually only be learned through experience and knowledge. Your driveway and street position are unique – your driveway slope, your

landscaping, and even how the snowplow clears the snow from your street – and that means that how you deal with your four foot snow pile may be slightly different than how your neighbour deals with his pile of snow. If space allows, consider pushing/throwing the snow farther from you driveway and walkway at the start of winter. (If you fill up the space next to your driveway first, you might end up shovelling off your snowbank to get to the empty space that lies beyond it !) Always try to shovel with the gale of wind in your back. And try to shovel “up” the driveway instead or “down”. Finally, don't be in a rush to get at the snow. We find our neighbours are great and that if we wait a bit, they will come along with their snow-blowers and voila! Done! Be prepared to return the favour of course!



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## NALCOR News

### Retirees

*The Silver Lights Executive would like to congratulate all our new retirees (those who retired from October through December 2020) and wish them a happy and healthy retirement! We hope to see you in the New Year at some of our Club-sponsored events.... post COVID-19. Please stay in touch!*

#### Chris Frye

Chris was hired as an Accounting Clerk III on June 13, 1988 and held various positions over the years – Office Clerk, Officer Services/Stores Clerk, Accountant. He was promoted to Senior Financial Analyst on May 11, 2015 and retired from that position on October 20, 2020.



#### Nigel Haines

Nigel was hired as Hydro Plant Operator – Remote, on May 1, 2011. He assumed the position of Planner – Thermal, on May 22,

2012 and was promoted to Advisor, Planning (Prod) on November 18, 2019. Nigel retired from this position on October 22, 2020. (No photo)

#### Jim Fardy

Jim was hired as a Mechanical Maintenance A – Welder on March 31, 1980. He assumed the position of Planner – Thermal, on May 22, 2012 and was promoted to Advisor, Planning (Prod) on November 18, 2019. Jim retired from this position on October 23, 2020.



#### Daniel King

Daniel was hired as Electrical Maintenance A on November 4, 1996. He assumed the position of Hydro Plant Operator – Remote on April 1, 2006 and was promoted to the position of Supervisor, Operations – Remote on April 1, 2014. On November 18, 2019, Daniel was promoted to Supervisor III, Operations (Remote) and retired from this position on November 30, 2020. (No photo)



**Brian Pierce**

Brian was hired on September 9, 1985 as a Line Worker A and retired from this position on December 31, 2020.

**Sean McLean**

Sean was hired on March 1, 1982 as a Technologist – Network Services and retired from this position on December 31, 2020.

**Barry Sheppard**

Barry was hired on July 15, 2004 as an Aircraft Maintenance Engineer. He was promoted to Chief Aircraft Maintenance Engineer on April 14, 2008 and on November 18, 2019 assumed the position of Specialist , Aircraft Maintenance. Barry retired from this position on December 31, 2020.

## **Holyrood's 50th Anniversary**

On Tuesday, December 15, 2020, the Holyrood plant celebrated 50 years of providing power to the Province of Newfoundland and Labrador. This was a huge honour for all employees of Nalcor and especially so for those who worked and continue to work at the Holyrood Thermal Generating Station. Many of our retirees worked at Holyrood or had some close affiliation with the Plant and its workers. For those of you who were able to attend the celebratory WebEx event on December 15, hosted by Jennifer Williams, President, Newfoundland and Labrador Hydro, you know it was indeed a recognition of the expertise and technical skills of the people who worked at the Holyrood Thermal generating Station over the years. It was good to see so many of our Silver Lights members attend!

It was wonderful to learn that in honour of this milestone, the employees of the Holyrood Thermal Generating Station made contributions to their surrounding communities in the form of donations. The beneficiaries included:

- The Breakfast Programs at several schools (Holy Cross Elementary, St. Edwards Elementary and Upper Gullies Elementary);
- CBS Salvation Army
- Town of Holyrood's Toy Mountain.

Congratulations to all and well done!

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## The Lighter Side

### The Toy Hall of Fame

Now that the Christmas shopping frenzy is over for another year and all the children have their favourite toys to play with, it might be fun just to see what toys have made it into the Toy Hall of Fame. Yes, such a place does exist!! Thanks to Wiki we can find out what toys have made the list and when.

From Wiki:

*“The Toy Hall of Fame is an American hall of fame that recognizes the contributions of toys and games that have sustained their popularity for many years. Criteria for induction include: icon status (the toy is widely recognized, respected, and remembered); longevity (more than a passing fad); discovery (fosters learning, creativity, or discovery); and innovation (profoundly changed play or toy design). It was established in 1998 under the direction of Ed Sobey and was originally housed at A. C. Gilbert’s Discovery Village in Salem, Oregon, United States, but was moved to the Strong National Museum of Play (now The Strong) in Rochester, New York, in 2002 after it outgrew its original home. Seventy-two toys have been inducted into the Hall of Fame.”*

The original “Hall of Famers” were announced in November of 1999. Here’s the list:

1. Barbie
2. Crayola Crayon
3. Erector Set
4. Etch A Sketch
5. Frisbee
6. Hula Hoop
7. Lego
8. Lincoln Logs
9. Marbles
10. Play-Doh
11. Radio Flyer Wagon
12. Roller Skates
13. Teddy Bear
14. Tinkertoy
15. View-Master
16. Duncan Yo-Yo

The 2020 inductees are:

- Baby Nancy
- Sidewalk Chalk
- Jenga

You’ll be delighted to know that the Ball made it into the list in 2009 and the Jump Rope in 2000!

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## Contacting the Silver Lights Club

The Silver Lights Office is located on the second level of Hydro Place. Our telephone number is 709-737-1378. You can also contact the Executive directly:

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## Membership Fees

We remind any of you who have not paid your Silver Lights Club Membership fees that we have converted to a one-time lifetime membership of \$80, less any fees paid previously. Please send your cheque care of the Secretary or the Treasurer Silver Lights at the mailing address found under the Contacts section in the newsletter.

*Also Available!! Silver Lights members who are still active employees can now pay their fees through payroll deductions. If this is of interest to you, please contact the Silver Lights Office for a form to have the deductions started.*

## Club Service and Support

Part of our mandate is to support club members when needed. If you have a family member in hospital and would like us to visit, please give us a call. Visitations and other help is extended to all club members and their families, but it will be done on a family request basis only.

